



Deputy Sheriff Trainee

Physical Agility Examination Process

Candidates for Deputy Sheriff Trainee must pass the POST Job-Related Work Sample Test Battery which consists of five physical ability job-task simulation tests. It will test several physical performance abilities identified as necessary in the field of law enforcement. Successful completion of each physical test as specified is mandatory. A candidate must compile a minimum of 384 points to pass the physical performance test as a whole. Each event is timed separately and is scored on a point system. The faster each test battery is completed the more points the candidate receives.

Obstacle Course – Maximum Score: 248

As rapidly as possible, the candidate runs a 99 yard obstacle course consisting of several sharp turns, a number of curb height obstacles, and a 34 inch high obstacle that must be vaulted. Two attempts at this test are allowed. A time of 33.6 seconds or above will earn zero points.

Solid Fence Climb – Maximum Score: 224

As rapidly as possible, the candidate runs 5 yards to a 6 foot high solid fence, climbs over the fence, and continues to run another 25 yards. Two attempts at this test are allowed. A time of 19.7 seconds or above will earn zero points.

Chain Link Fence Climb – Maximum Score: 120

As rapidly as possible, the candidate runs 5 yards to a 6 foot high chain link fence, climbs over the fence, and continues to run another 25 yards. Two attempts at this test are allowed. A time of 15.2 seconds or above will earn zero points.

Body Drag – Maximum Score: 61

The candidate is required to lift a 165 pound life-like dummy and drag the dummy 32 feet as rapidly as possible. Two attempts at this test are allowed. A time of 28 seconds or above will earn zero points.

500-Yard Run – Maximum Score: 50

The candidate runs 500 yards. One attempt at this test is allowed. A time of 3 minutes and 20 seconds or more will earn zero points.